



DIABETES KILLS MEN

MEN'S HEALTH WEEK

MEN'S HEALTH FORUM 

One in ten UK men have diabetes.

About 850,000 people have the condition but don't yet know it. It's not just sugar in sweet things that increases the risk, it's also sugar in savoury foods like bread, pasta, potatoes and ready meals. Even beer.

Men are more likely to get the condition.
More likely to experience complications.
More likely to face limb amputation.
And more likely to die from diabetes.

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#menshealthweek #talkaboutdiabetes

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